



Presentation Notes

Presenter:	Charise Jewell Author of "Crazy: Memoir of a Mom Gone Mad".
Topic:	"How to Keep Revising when You're Completely Sick of a Project" Friday, August 13 th , 2021; 6pm EST
Key Message:	You've been working on this novel forever. You're so close to being finished but every time you open your project you hate every single word. How do you get over this and get it finished and submitted?
1st point:	Carve out a dedicated time in your daily routine to work, ideally the same time every day (so the habit starts to encourage you) and preferably in the morning (when willpower is strong and you are less likely to be distracted, procrastinate, or put it off).
2nd point:	Revise a section that is more appealing rather than working in order. Sometimes this can reignite a spark.
3rd point:	If extremely unmotivated, at least force yourself to work for a short time, even 15 minutes. When that time is up you can stop until the next day and do the same thing without any guilt. Eventually you'll either become motivated again, or it will simply take longer to revise. More than likely you'll decide to keep going on the first day after the first 15 minutes.
4th point:	End the day on a high note. If you stop working in the middle of a great sentence or captivating scene you'll be eager to jump back in the following day.

5th point:	Have a daily check-out when you finish, that makes you feel proud. When writing I chart my daily word count. When editing I press my son's "Easy" button.
6th point:	Set realistic milestones and deadlines for chapters or sections even if you don't have an agent or editor making demands, and create a personalized motivation system to encourage and celebrate each success. The reward doesn't have to be big to feel great.
7th point:	Ask friends or family to help whenever possible.
8th point:	If you're really sick of it, you might need a break.
9th point:	If you have an impending deadline, decide if you have to force the revisions, request more time, or can submit it as-is.
Key Ideas:	Routine, high note, check-out, deadlines, motivation system
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